

Introduction and Syllabus

LESSON ONE: What is counseling?

LESSON TWO: What does it mean to be a human person?

LESSON THREE: The how and what of listening

LESSON FOUR: A generic model of the counseling process

LESSON FIVE: Welcoming and bonding

LESSON SIX: Exploring and understanding

LESSON SEVEN: Growing and changing

LESSON EIGHT: Ethics and other issues